



NYSL 7U and 8U RULES AND REGULATIONS

REFEREES	Due to the referee shortage NYSL will not be assigning referees for 7U/8U, teams can play without a referee in these age groups. If a team wants to use a volunteer referee, it will be the responsibility of the home team to schedule. If a team chooses to use a volunteer to referee a game, they must be a registered member of the team/club staff or approved member that has completed all Risk Management requirements. The fees for these age groups does not include referee fees, so if a team chooses to use a referee it will be only as a volunteer - NYSL will not be paying them.
NUMBER OF FIELD PLAYERS	7U will consist of 4 vs. 4 field players 8U will consist of 5 vs 5 field players.
ROSTER SIZE	7U can have 8 players on a roster. 8U can have 10 on a roster
FIELD SIZE	Length: Minimum 35 yards Width: Minimum 25 yards
CLUB PASS & SECONDARY PLAYERS	Club pass and secondary players are allowed on a team's roster if needed
GAME ROSTERS	Game day rosters are necessary to bring to each game and give to the opposing team/referee during check in. All Player's/Coaches must be listed on the roster or have laminated USYS cards to be allowed in the coaching/technical area.
FLAGS	None required
CORNER ARC	3 feet radius
BALL	Size 3. Home team to provide a suitable game ball
GAME TIME	Game consists of two equal halves of 20 minutes each. The game will be divided into 4 ten-minute quarters. There will be a 2-minute break between quarters and a 5-minute halftime break
SUBSTITUTIONS	Unlimited substitutions at any stoppage, with permission of the referee
FIELD DIMENSIONS	Rectangular between 35 yards by 25 yards. Two equal halves will divide the field
GOAL SIZE	4 feet x 6 feet
GOAL BOX	6 feet X 12 feet
CENTER CIRCLE	5 yard radius
PENALTY AREA	None
NO GOALIES	All players must be field players. No defensive player is allowed to "camp out" in the goal area. Players are allowed to play in the goal box area, but no one is allowed to play goalie. Players are allowed to defend/attack the ball in the goal box then must vacate the goal box when the ball is not in the area
KICK OFF	Kick offs to start a match, restart after halftime and restart after each quarter is to be at the center circle. Teams switch sides at halftime.
BUILD-OUT LINE	Players must retreat behind the mid field line on all goal kicks
OFFSIDES	Does not apply
GOAL KICKS, CORNER KICKS	The ball is in play once the player taking the kick touches the ball. All defending players must be 4 yards away at the time of the corner kick

FREE KICKS	The ball is in play once the attacking player touches the ball. All defending players must be 4 yards away at the time of the kick, to include kicks when ball is played from sideline
PENALTY KICKS	There are no penalty kicks
HEADERS	Intentional headers are not permitted. A purposeful header shall result in the opposing team taking a direct free kick.
SLIDE TACKLES	Slide tackles are not permitted.
FOULS & PENALTIES	All fouls/penalties shall result in a direct free kick for the opposing team
THROW-INS	No Throw Ins. All restarts should be played by the feet as a free kick.
EQUIPMENT	Each player must have the same color jersey. Numbers are not necessary. Pennies are allowed if needed.
JEWELRY	No jewelry of any kind is allowed. This includes taping of piercings of a player's ears
SPECTATORS	NYSL asks that team spectators sit directly across from their team benches on opposite sides (touch lines) of the field. Spectators/teams should be at least 15 feet back of the touch lines. No Spectators should be behind the goal lines or goals.